

Polish Association for Play Therapy Accreditation Standards for the Approved Providers

The preparation of this document constitutes the implementation of the statutory objectives of PAPT in the area of establishing professional and ethical standards in play therapy. In order to obtain accreditation training, entities submit an application to the Polish Association for Play Therapy for granting accreditation along with documentation in accordance with the following requirements.

I. General information

- 1. The documentation submitted by entities applying for accreditation includes:
- a) Application for accreditation along with the complete information about applying entity, regarding accreditation, including the date of the training and the location, where it is conducted.
- b) Program and schedule of the training.
- c) Information about the individuals comprising the training staff and the number of education hours assigned to each person conducting the training.
- d) Statement from the person supervising the training confirming their responsibilities.
- e) Proof of payment of the accreditation fee.
- 2. The person responsible for the implementation of the training and supervision of the training program holds a Certified Play Therapy Supervisor (Certyfikowany Superwizor Terapii Zabawa) credential granted by PAPT.
- 3. The training program should be conducted by instructors who guarantee a high quality training level.



- 4. In the case of conducting several training sessions during the validity period of the accreditation, the training entity notifies PAPT in writing about it. The letter specifies the change regarding the previously submitted documentation.
- 5. Accreditation is granted for a period of 3 years.
- 6. Accreditation may be revoked only in the case of violation of the conditions under which it was granted.
- 7. The scope of accreditation may be expanded. In order to expand the scope, the training entity submits documents in accordance with the subject of accreditation extensions.

II. Types of accreditation

The training entity may apply for the following types of accreditation:

- 1. Accreditation of training leading to the attainment of the Certified Play Therapist (Certyfikowany Terapeuta Zabawa) credential granted by PAPT.
- 2. Accreditation of training leading to the attainment of the Certified Play Therapy Supervisor (CSTZ) credential granted by PAPT.

III. Requirements for specific types of accreditation.

1. Accreditation of training to obtain the Certified Play Therapist (CTZ) credential.

The goal of the training program is to offer Certified Play Therapist credential by PAPT. This goal is achieved through the integration and completion of training in play therapy, clinical experience and supervision. Base to achieve the above goal is a graduation from comprehensive training in a school of psychotherapy/clinical mental health counseling program that offers training consistent with the scope of the education process in psychotherapy recognized by Polish Psychotherapy Council (PRP), Polish Psychological Association (PTP) or Polish Psychiatric Association (PTP)

a) Training admission criteria



An individual who meets the criteria may be qualified to participate in the training including the following conditions:

- They are a psychologist, a physician (the title of master's degree is equivalent in another field in a medical profession) or holds a master's degree or higher degree in humanities,
- They completed the second year in the school of psychotherapy/clinical mental health counseling program mentioned above,
- They are in the process of their own therapeutic experience (personal therapy) in accordance with the requirements of the school of psychotherapy/clinical mental health counseling program.

b) Hours requirements:

The training consists of a minimum of two semesters, including:

- 150 hours of theoretical and practical instruction in play therapy,
- 35 hours of supervision in play therapy,
- 5 session observations during the accumulation of the supervised play therapy experience,
- final theoretical and practical exam in front of a committee which includes clinicians with theoretical and practical knowledge in the field of play therapy, at least one of them does not belong to the staff in the training center.

c) Certified Play Therapist credential requirements

In the case of completing training at an accredited training center and upon passing the final exam, the accredited training center issues a Certificate of completion of training for the participant. Certified Play Therapist credential is issued to a practitioner who meets all of the following criteria:



- Completed comprehensive training in psychotherapy/clinical mental health counseling confirmed by certificate issued by the school of psychotherapy/clinical mental health counseling program
- Completed training in play therapy conducted by an accredited center,
- Include documentation of a minimum of 2000 direct client/patient contact hours,
- Include documentation of 350 hours of direct client/patient contact hours under the supervision of a Certified Play Therapist Supervisor,
- Is a member of the Polish Association for Play Therapy,
- Include the appropriate certification fee.

The certificate is issued for a period of 3 years. Renewal of the Certificate requires completing training hours and undergoing permanent therapeutic work under supervision. Rules for obtaining instruction hours and other requirements for becoming a Certified Play Therapy Supervisor are specified later in this procedure

2. Certified Play Therapist Supervisor credential requirements (CSTZ)

- hold a current and active certification in psychotherapy/clinical mental health counseling,
- include a documentation of an additional three years and 3,000 hours of direct client/patient contact after issuance of certification in psychotherapy/ clinical mental health counseling
- include a documentation of an additional 500 hours of direct client/patient contact of play therapy experience after attainment of Certified Play Therapist credential. These hours need not be supervised, must be verified,
- completed 35 hours of clinical supervisor instruction, six of which must be play therapy specific,

These hours may not have been previously submitted with CPT application or subsequent renewals. These hours may be contact or non-contact hours.

- Is a member of the Polish Association for Play Therapy,



- Include the appropriate certification fee.

All Individuals that hold the Certified Play Therapist Supervisor credential must renew their credential annually by documenting 6 continuing education hours in play therapy specific supervision each year.